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**OPERATIONAL MANAGEMENT PLAN**  
**DEVELOPMENT APPLICATION D/2019/1400**  
**UNIT 12 / 16-22 CROSS STREET BROOKVALE**  
**“ENLIVEN COACHING”**

**HOURS**

Monday to Friday: 7am – 6pm.

Saturday: 7am to Midday.

Sunday: Closed.

**CLASS SIZE & OPERATION**

- Each class to have a maximum of 20 participants, spread out to observe safe social distancing requirements.
- Each class will have two coaches to stop shouting and yelling also to focus on one on one coaching for a more sound controlled environment.
- There will be no use of slamming deadballs, dropping equipment or throwing equipment in classes.
- All classes will have signs close by reminding clients not to drop any weights.
- Coaches will remind all clients before classes to be mindful not to drop any weights.
- Open gym participants and PTs are limited to 3-6 people on the free weights side of the gym. Open gym participants will have to wait in the waiting bay until a rig has freed up to minimise sound of people training.

**COACHES**

- All coaches will be trained in controlling noise and writing sessions that are within our sound control guidelines. All sessions will be approved by head coach Jazza before undertaking the classes.
- Coaches to service training machines regularly to minimise noise.
- Coaches responsibility to not overbook classes and control the noise of the participants.

### FLOORING

- Aerobic flooring 8mm thick rubber
- Lifting flooring 50mm thick rubber on top of 8mm rubber

### ACOUSTIC

- Observe at all times the recommendations of the acoustic Report prepared by Rodney Stevens Acoustics Report, Ref No. R190629R0, Revision 2, dated 10 August 2020. The recommendations are as follows:-
  - All external doors to have self-closing mechanism to allow for self-closing. All external doors to be full acoustic perimeter seals.
  - ~~Windows facing the residences are to be blocked during any gym operation before 7am.~~ The windows are to be blocked with Wavebar 4 kg/m<sup>2</sup> with an acoustic rating of Rw28.
  - The PA is to be used for background music only and to have a maximum output of 70 dB at the centre of the room. All speakers are to face internally. PA system is to have an electronic limiter with a maximum output of 70 dBA SPL.
  - Signs should also be posted at exit doors reminding patrons to leave the premises in an orderly and quiet manner when leaving the Gym.
  - Flooring to be as follows:
    - Lifting platforms are 50mms thick on top of 8mm rubber
    - Aerobic flooring to be 8mm thick rubber
  - Optionally, in lieu of Wavebar, install and maintain Lachlan Wool Blinds on rear 3 windows facing residential properties. \*Attached information.

### COVID-19 SAFETY PLAN

At all times, the operator shall observe and implement the NSW government's Covid 19 Safety Plan. (Attached).

### PARKING

Eight (8) parking spaces are allocated to the subject unit and shall be used by patrons except during quiet hours.

### WASTE GENERATION

The gym has a waste minimization policy. This includes a direction to patrons to that no single use plastic containers shall be brought into the premises. The activity may generate small amounts of personal waste. The operators will subscribe to a weekly commercial waste service.

**COMPLAINTS HANDLING**

A legible notice shall be placed in a conspicuous location on or near the front entry door containing the contact details of the operator including an after-hours emergency contact telephone number.

Endorsed by:-

[NAME OF OPERATOR]

Date: [DATE OF ENDORSEMENT]