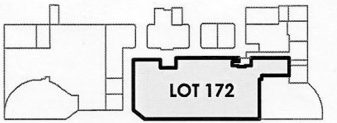




LOCATION PLAN

SHORT ST PLAZA



CENTRAL AVENUE

NOT TO SCALE

SCHEDULE OF AREAS

LOT 172	
RETAIL	563.6 m <sup>2</sup>

LETTABLE AREA

THE LETTABLE AREA IS SHOWN ENCLOSED BY CONTINUOUS LINES

METHOD OF MEASUREMENT

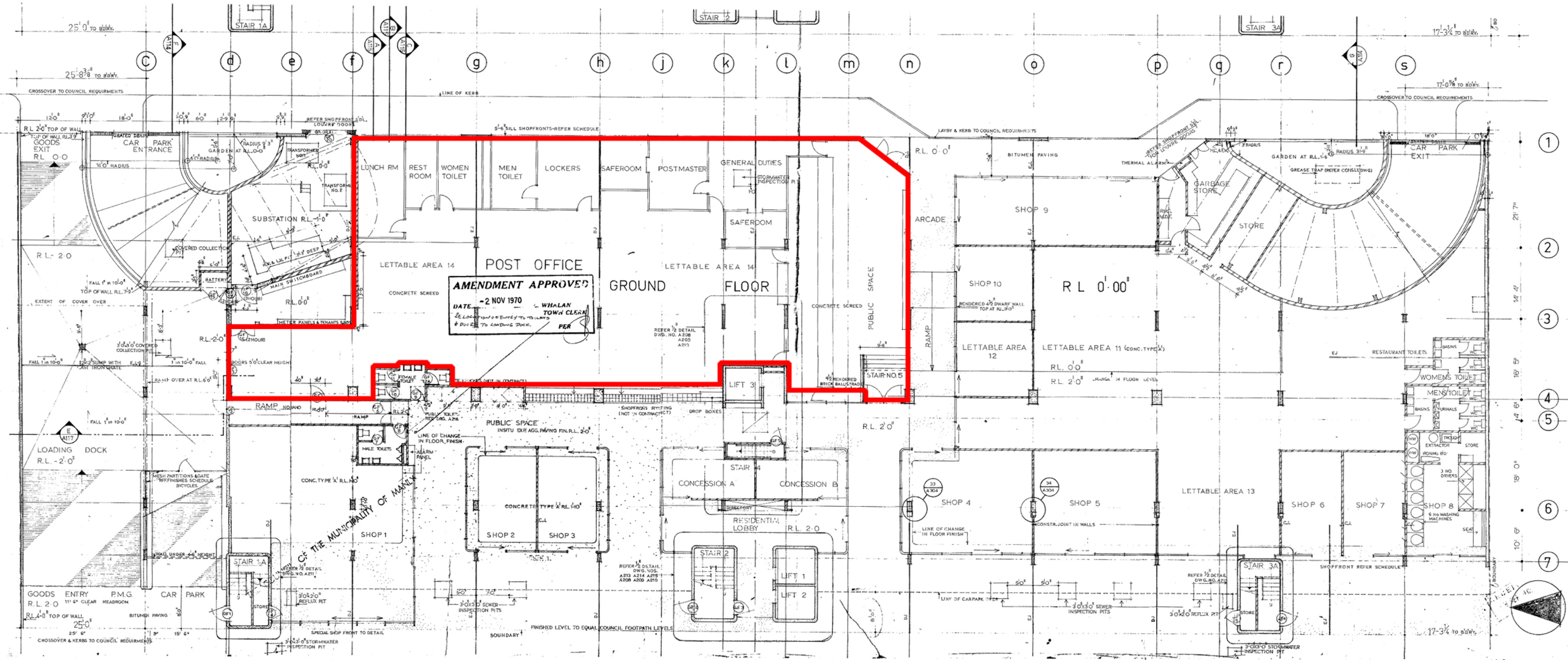
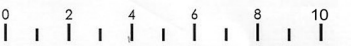
AREAS HAVE BEEN CALCULATED IN ACCORDANCE AND UNDER INTERPRETATION OF THE PROPERTY COUNCIL OF AUSTRALIA (PCA) METHOD OF MEASUREMENT FOR LETTABLE AREA (MARCH 1997)

(SURVEY DATE 16/11/2020)

GUIDELINES USED

GROSS LETTABLE AREA RETAIL

ALL PARTIES USING THE AREAS EXPRESSED HEREIN, SHOULD AGREE WITH THE BOUNDARY DEFINITIONS. THIS PLAN WAS PRODUCED FOR THE CALCULATION OF FLOOR AREAS ONLY



SITE LOCATION MAP

1:100

SHEET NAME:	SITE PLAN - LOT 172 LOCATION
OWNER AND PROJECT LOCATION:	The Nasus Group Lot 172, Level 1, 22 CENTRAL AVENUE, MANLY, NSW

DATE:	23/08/2021
DRAWN BY:	JA + DK
SHEET NUMBER:	A00
SCALE:	1 : 100

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LOCATION PLAN  
SHORT ST PLAZA

CENTRAL AVENUE  
NOT TO SCALE

SCHEDULE OF AREAS

LOT 172	
RETAIL	563.6 m <sup>2</sup>

LETTABLE AREA

THE LETTABLE AREA IS SHOWN ENCLOSED BY CONTINUOUS LINES

METHOD OF MEASUREMENT

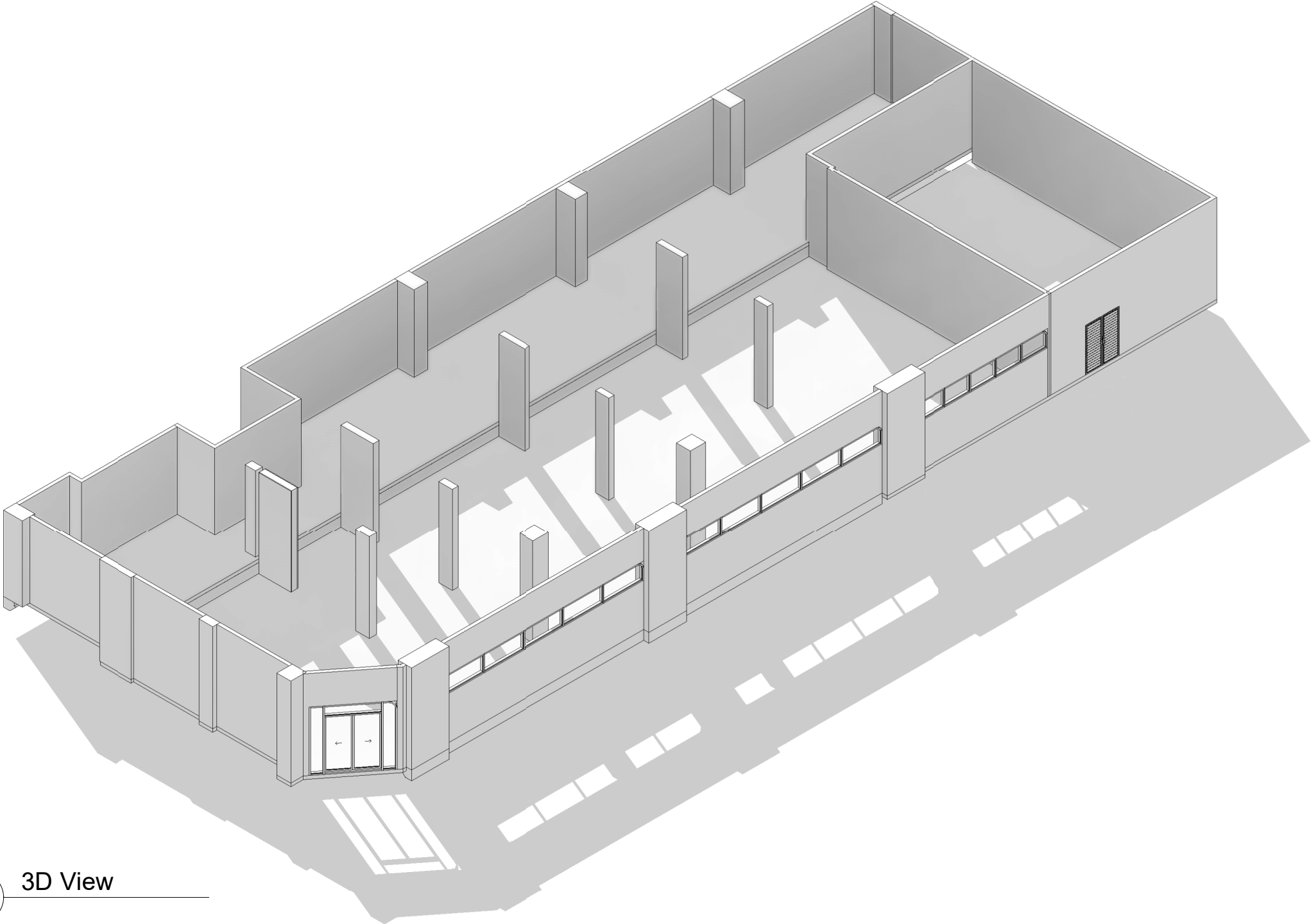
AREAS HAVE BEEN CALCULATED IN ACCORDANCE AND UNDER  
INTERPRETATION OF THE PROPERTY COUNCIL OF AUSTRALIA (PCA)  
METHOD OF MEASUREMENT FOR LETTABLE AREA (MARCH 1997)

(SURVEY DATE 16/11/2020)

GUIDELINES USED

GROSS LETTABLE AREA RETAIL

ALL PARTIES USING THE AREAS EXPRESSED HEREIN, SHOULD AGREE  
WITH THE BOUNDARY DEFINITIONS. THIS PLAN WAS PRODUCED FOR  
THE CALCULATION OF FLOOR AREAS ONLY



1

3D View

urbaine  
ARCHITECTURE

urbaine ply ltd , 6/15, The Corso, Manly, NSW 2095; Tel: 02 8355 6770

SHEET NAME:

COVER SHEET

OWNER AND  
PROJECT LOCATION:

The Nasus Group  
Lot 172, Level 1, 22 CENTRAL AVENUE, MANLY, NSW

DATE:

23/08/2021

DRAWN BY:

JA + DK

SHEET NUMBER:

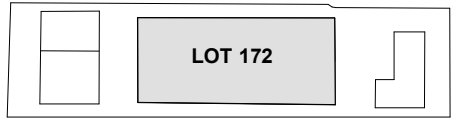
A00

SCALE:

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LOCATION PLAN  
SHORT ST PLAZA



CENTRAL AVENUE  
NOT TO SCALE

SCHEDULE OF AREAS

LOT 172	
RETAIL	563.6 m <sup>2</sup>

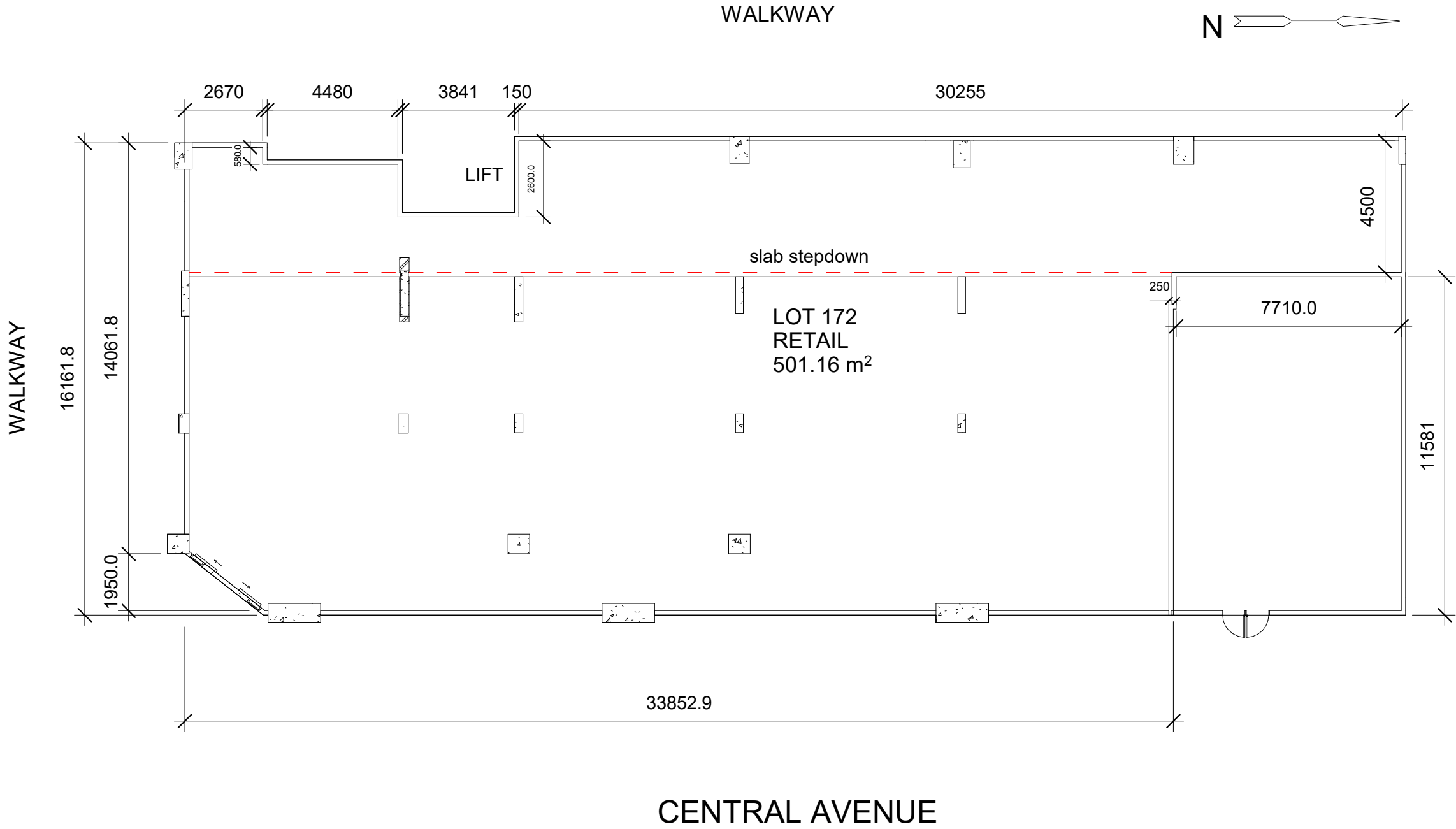
LETTABLE AREA

THE LETTABLE AREA IS SHOWN ENCLOSED BY CONTINUOUS LINES  
**METHOD OF MEASUREMENT**  
AREAS HAVE BEEN CALCULATED IN ACCORDANCE AND UNDER  
INTERPRETATION OF THE PROPERTY COUNCIL OF AUSTRALIA (PCA)  
METHOD OF MEASUREMENT FOR LETTABLE AREA (MARCH 1997)

(SURVEY DATE 16/11/2020)

**GUIDELINES USED**  
GROSS LETTABLE AREA RETAIL

ALL PARTIES USING THE AREAS EXPRESSED HEREIN, SHOULD AGREE  
WITH THE BOUNDARY DEFINITIONS. THIS PLAN WAS PRODUCED FOR  
THE CALCULATION OF FLOOR AREAS ONLY



1 Ground Floor Level Existing  
1 : 150

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SHEET NAME:

GROUND FLOOR LEVEL EXISTING

OWNER AND  
PROJECT LOCATION:

The Nasus Group  
Lot 172, Level 1, 22 CENTRAL AVENUE, MANLY, NSW

DATE:

23/08/2021

DRAWN BY:

Author

SHEET NUMBER:

A01

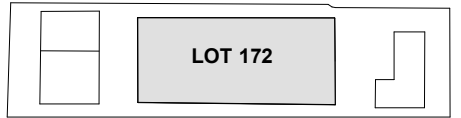
SCALE:

1 : 150

**urbaine**  
ARCHITECTURE  
urbaine ply ltd , 6/15, The Corso, Manly, NSW 2095: Tel: 02 8355 6770



LOCATION PLAN  
SHORT ST PLAZA



CENTRAL AVENUE  
NOT TO SCALE

SCHEDULE OF AREAS

LOT 172	
RETAIL	563.6 m <sup>2</sup>

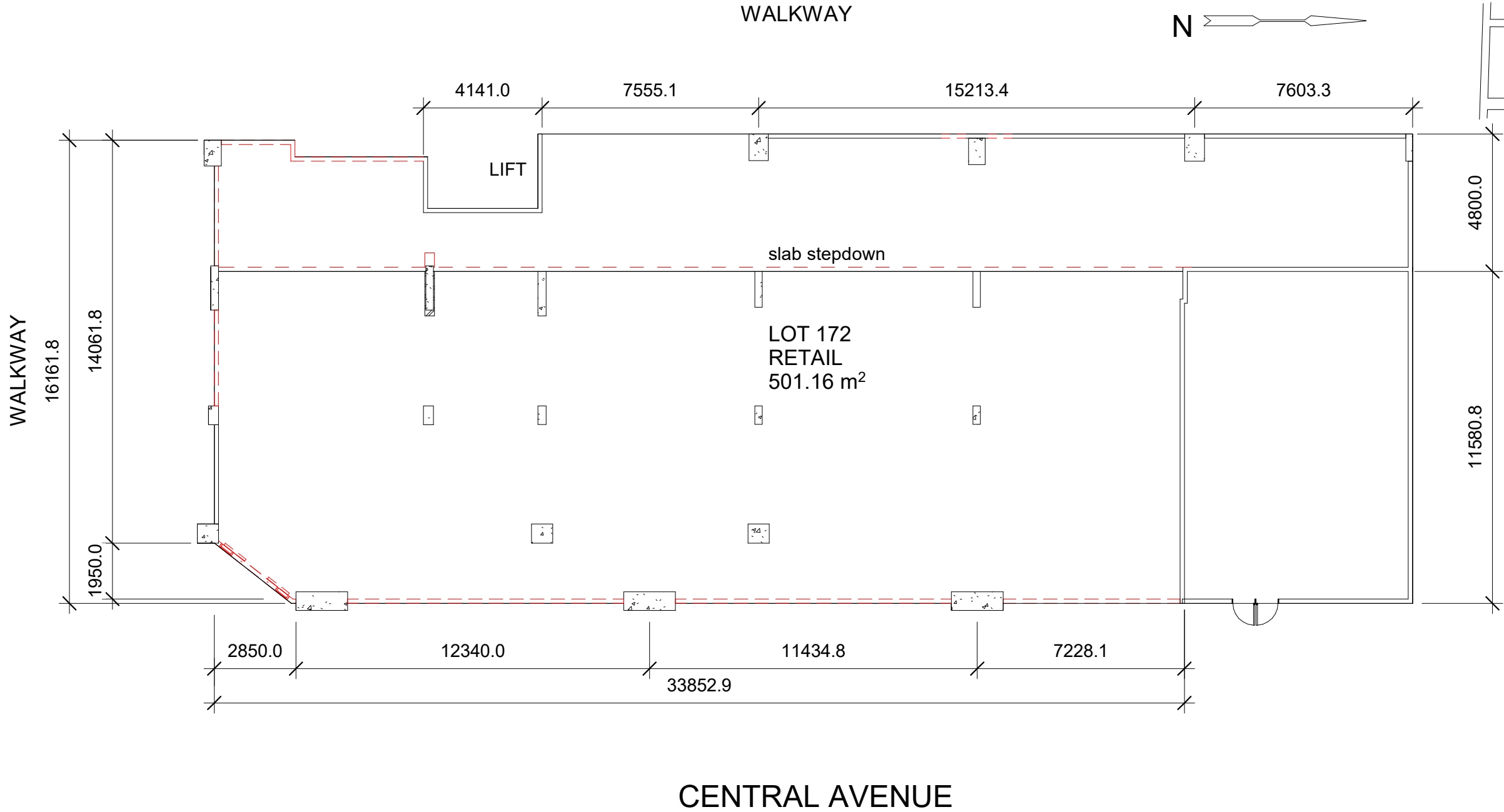
LETTABLE AREA

THE LETTABLE AREA IS SHOWN ENCLOSED BY CONTINUOUS LINES  
**METHOD OF MEASUREMENT**  
AREAS HAVE BEEN CALCULATED IN ACCORDANCE AND UNDER  
INTERPRETATION OF THE PROPERTY COUNCIL OF AUSTRALIA (PCA)  
METHOD OF MEASUREMENT FOR LETTABLE AREA (MARCH 1997)

(SURVEY DATE 16/11/2020)

**GUIDELINES USED**  
GROSS LETTABLE AREA RETAIL

ALL PARTIES USING THE AREAS EXPRESSED HEREIN, SHOULD AGREE  
WITH THE BOUNDARY DEFINITIONS. THIS PLAN WAS PRODUCED FOR  
THE CALCULATION OF FLOOR AREAS ONLY



1 Ground Floor Level Demolition  
1 : 150

**urbaine**  
ARCHITECTURE

urbaine pty ltd , 6/15, The Corso, Manly, NSW 2095: Tel: 02 8355 6770

SHEET NAME:  
**GROUND FLOOR LEVEL DEMOLITION**

OWNER AND  
PROJECT LOCATION:  
**The Nasus Group**  
Lot 172, Level 1, 22 CENTRAL AVENUE, MANLY, NSW

DATE: 23/08/2021

DRAWN BY: Author

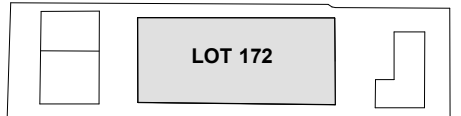
SHEET NUMBER: **A02**

SCALE: 1 : 150

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LOCATION PLAN  
SHORT ST PLAZA



CENTRAL AVENUE  
NOT TO SCALE

SCHEDULE OF AREAS

LOT 172 RETAIL	563.6 m <sup>2</sup>
-------------------	----------------------

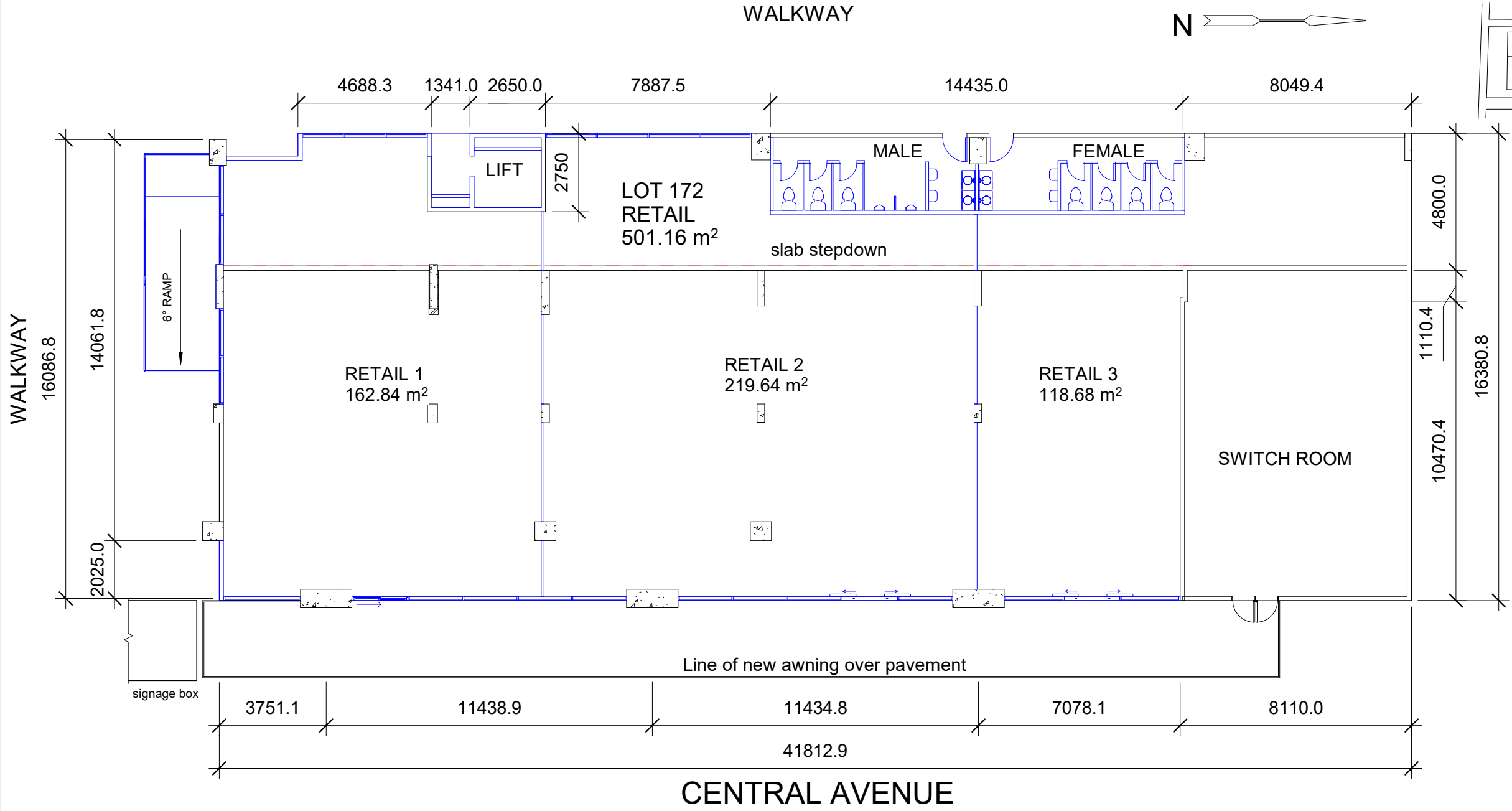
LETTABLE AREA

THE LETTABLE AREA IS SHOWN ENCLOSED BY CONTINUOUS LINES  
**METHOD OF MEASUREMENT**  
AREAS HAVE BEEN CALCULATED IN ACCORDANCE AND UNDER  
INTERPRETATION OF THE PROPERTY COUNCIL OF AUSTRALIA (PCA)  
METHOD OF MEASUREMENT FOR LETTABLE AREA (MARCH 1997)

(SURVEY DATE 16/11/2020)

**GUIDELINES USED**  
GROSS LETTABLE AREA RETAIL

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THE CALCULATION OF FLOOR AREAS ONLY



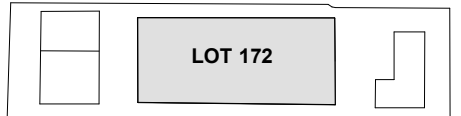
1 Ground Floor Level Proposed  
1 : 150

SHEET NAME: <b>GROUND FLOOR LEVEL PROPOSED</b>		DATE: 23/08/2021
OWNER AND PROJECT LOCATION: <b>The Nasus Group</b> Lot 172, Level 1, 22 CENTRAL AVENUE, MANLY, NSW		DRAWN BY: Author
		SHEET NUMBER: <b>A03</b>
		SCALE: 1 : 150

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LOCATION PLAN  
SHORT ST PLAZA



CENTRAL AVENUE  
NOT TO SCALE

SCHEDULE OF AREAS

LOT 172  
RETAIL 563.6 m<sup>2</sup>

LETTABLE AREA

THE LETTABLE AREA IS SHOWN ENCLOSED BY CONTINUOUS LINES

METHOD OF MEASUREMENT

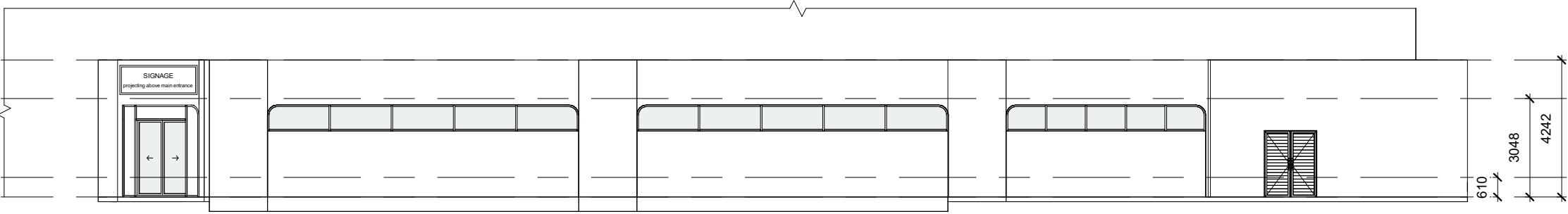
AREAS HAVE BEEN CALCULATED IN ACCORDANCE AND UNDER  
INTERPRETATION OF THE PROPERTY COUNCIL OF AUSTRALIA (PCA)  
METHOD OF MEASUREMENT FOR LETTABLE AREA (MARCH 1997)

(SURVEY DATE 16/11/2020)

GUIDELINES USED

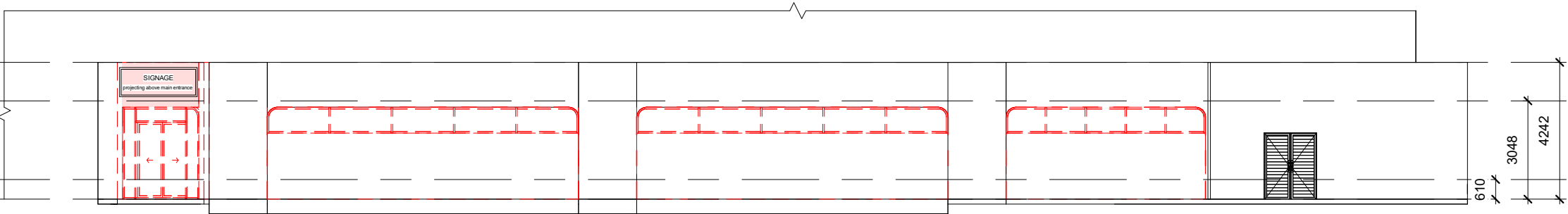
GROSS LETTABLE AREA RETAIL

ALL PARTIES USING THE AREAS EXPRESSED HEREIN, SHOULD AGREE  
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THE CALCULATION OF FLOOR AREAS ONLY



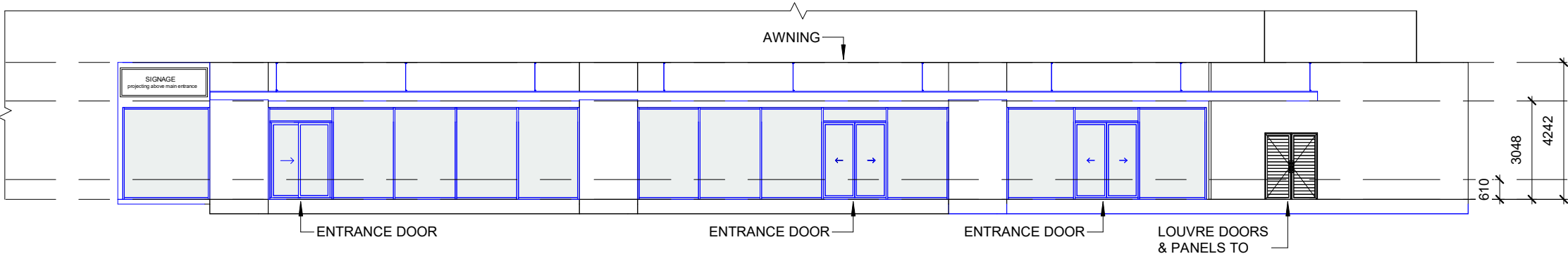
1

East Elevation Existing  
1 : 150



2

East Elevation Demolition  
1 : 150



3

East Elevation Proposed  
1 : 150

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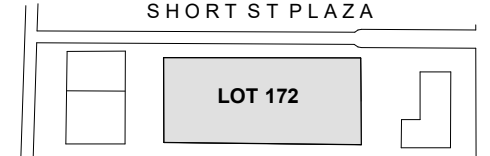
SHEET NAME:	<b>EAST ELEVATION</b>
OWNER AND PROJECT LOCATION:	<b>The Nasus Group</b> Lot 172, Level 1, 22 CENTRAL AVENUE, MANLY, NSW

DATE:	23/08/2021
DRAWN BY:	Author
SHEET NUMBER:	<b>A04</b>
SCALE:	1 : 150

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ARCHITECTURE  
urbaine ply ltd , 6/15, The Corso, Manly, NSW 2095: Tel: 02 8355 6770



LOCATION PLAN  
SHORT ST PLAZA



CENTRAL AVENUE

NOT TO SCALE

SCHEDULE OF AREAS

LOT 172  
RETAIL 563.6 m<sup>2</sup>

LETTABLE AREA



THE LETTABLE AREA IS SHOWN ENCLOSED BY CONTINUOUS LINES

METHOD OF MEASUREMENT

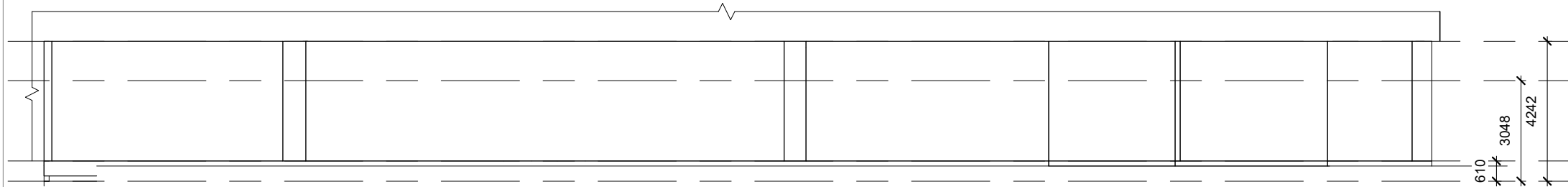
AREAS HAVE BEEN CALCULATED IN ACCORDANCE AND UNDER  
INTERPRETATION OF THE PROPERTY COUNCIL OF AUSTRALIA (PCA)  
METHOD OF MEASUREMENT FOR LETTABLE AREA (MARCH 1997)

(SURVEY DATE 16/11/2020)

GUIDELINES USED

GROSS LETTABLE AREA RETAIL

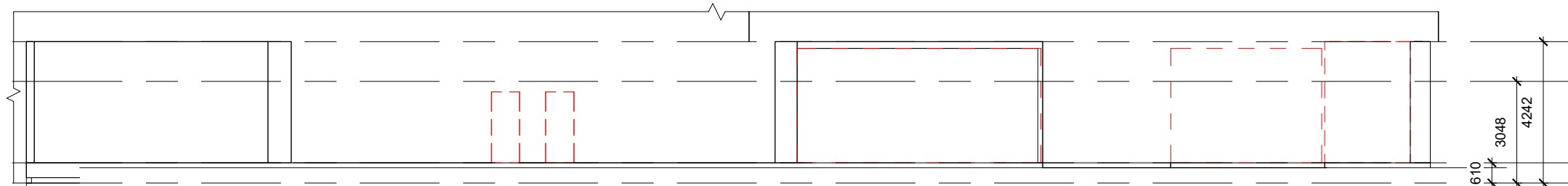
ALL PARTIES USING THE AREAS EXPRESSED HEREIN, SHOULD AGREE  
WITH THE BOUNDARY DEFINITIONS. THIS PLAN WAS PRODUCED FOR  
THE CALCULATION OF FLOOR AREAS ONLY



1

West Elevation Existing

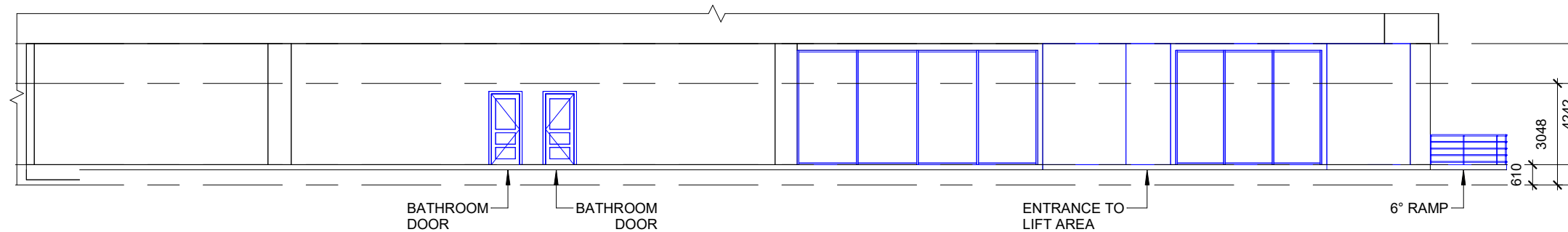
1 : 150



2

West Elevation Demolition

1 : 150



3

West Elevation Proposed

1 : 150

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SHEET NAME:

WEST ELEVATION

OWNER AND  
PROJECT LOCATION:

The Nasus Group  
Lot 172, Level 1, 22 CENTRAL AVENUE, MANLY, NSW

DATE:

23/08/2021

DRAWN BY:

Author

SHEET NUMBER:

A05

SCALE: 1 : 150

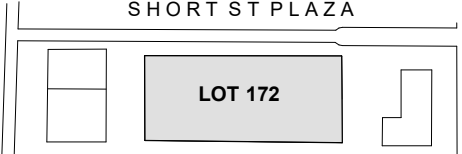
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ARCHITECTURE

urbaine pty ltd , 6/15, The Corso, Manly, NSW 2095: Tel: 02 8355 6770





LOCATION PLAN  
SHORT ST PLAZA



CENTRAL AVENUE

NOT TO SCALE

SCHEDULE OF AREAS

LOT 172  
RETAIL 563.6 m<sup>2</sup>

LETTABLE AREA



THE LETTABLE AREA IS SHOWN ENCLOSED BY CONTINUOUS LINES

METHOD OF MEASUREMENT

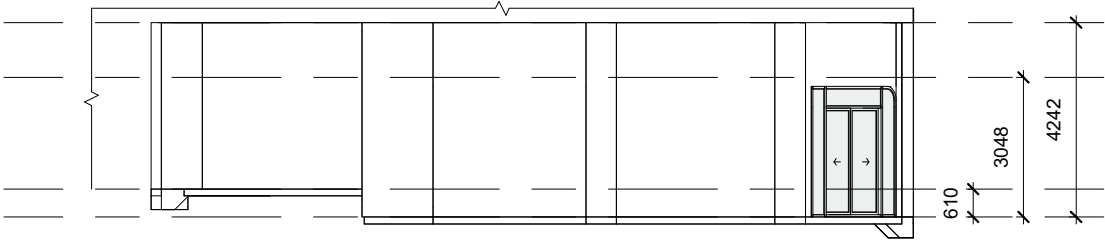
AREAS HAVE BEEN CALCULATED IN ACCORDANCE AND UNDER  
INTERPRETATION OF THE PROPERTY COUNCIL OF AUSTRALIA (PCA)  
METHOD OF MEASUREMENT FOR LETTABLE AREA (MARCH 1997)

(SURVEY DATE 16/11/2020)

GUIDELINES USED

GROSS LETTABLE AREA RETAIL

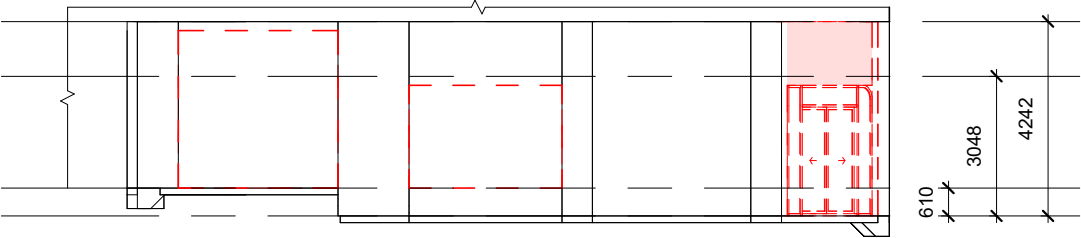
ALL PARTIES USING THE AREAS EXPRESSED HEREIN, SHOULD AGREE  
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THE CALCULATION OF FLOOR AREAS ONLY



1

South Elevation Existing

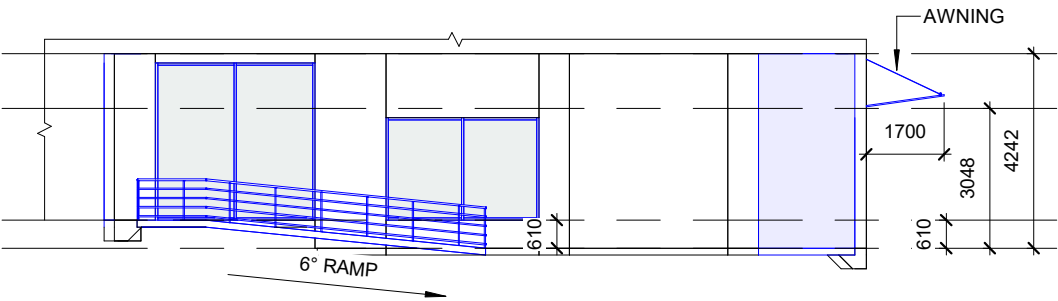
1 : 150



2

South Elevation Demolition

1 : 150



3

South Elevation Proposed

1 : 150

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SHEET NAME:

SOUTH ELEVATION

OWNER AND  
PROJECT LOCATION:

The Nasus Group  
Lot 172, Level 1, 22 CENTRAL AVENUE, MANLY, NSW

DATE:

23/08/2021

DRAWN BY:

Author

SHEET NUMBER:

A06

SCALE: 1 : 150

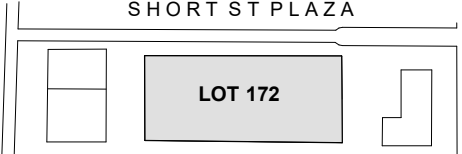
**urbaine**  
ARCHITECTURE

urbaine pty ltd , 6/15, The Corso, Manly, NSW 2095: Tel: 02 8355 6770





LOCATION PLAN  
SHORT ST PLAZA



CENTRAL AVENUE

NOT TO SCALE

SCHEDULE OF AREAS

LOT 172  
RETAIL 563.6 m<sup>2</sup>

LETTABLE AREA



THE LETTABLE AREA IS SHOWN ENCLOSED BY CONTINUOUS LINES

METHOD OF MEASUREMENT

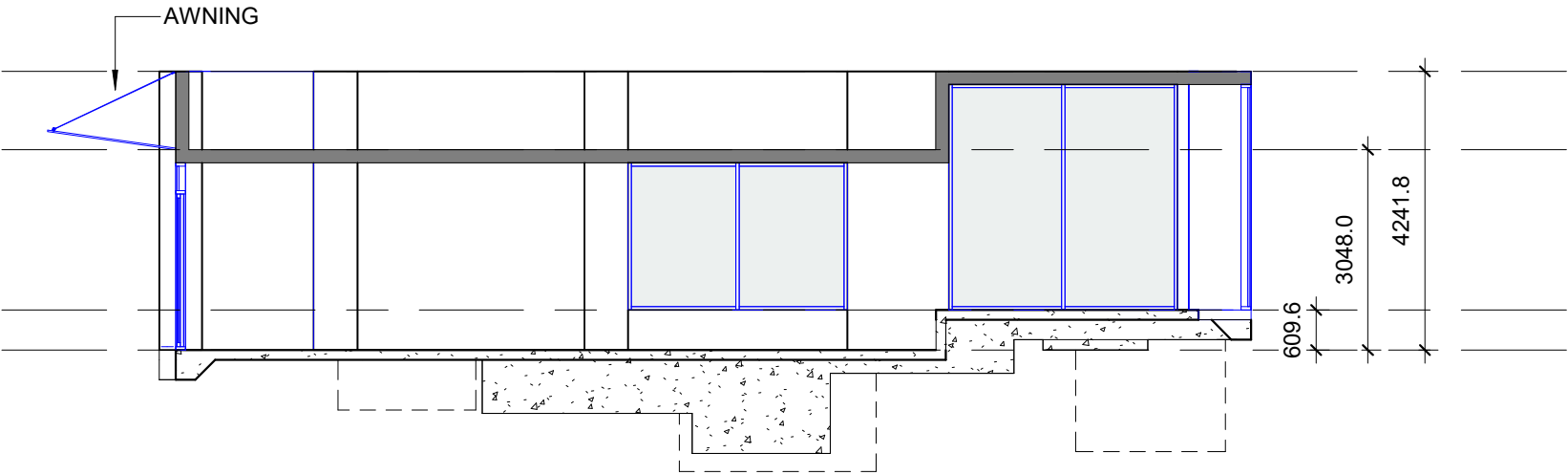
AREAS HAVE BEEN CALCULATED IN ACCORDANCE AND UNDER  
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METHOD OF MEASUREMENT FOR LETTABLE AREA (MARCH 1997)

(SURVEY DATE 16/11/2020)

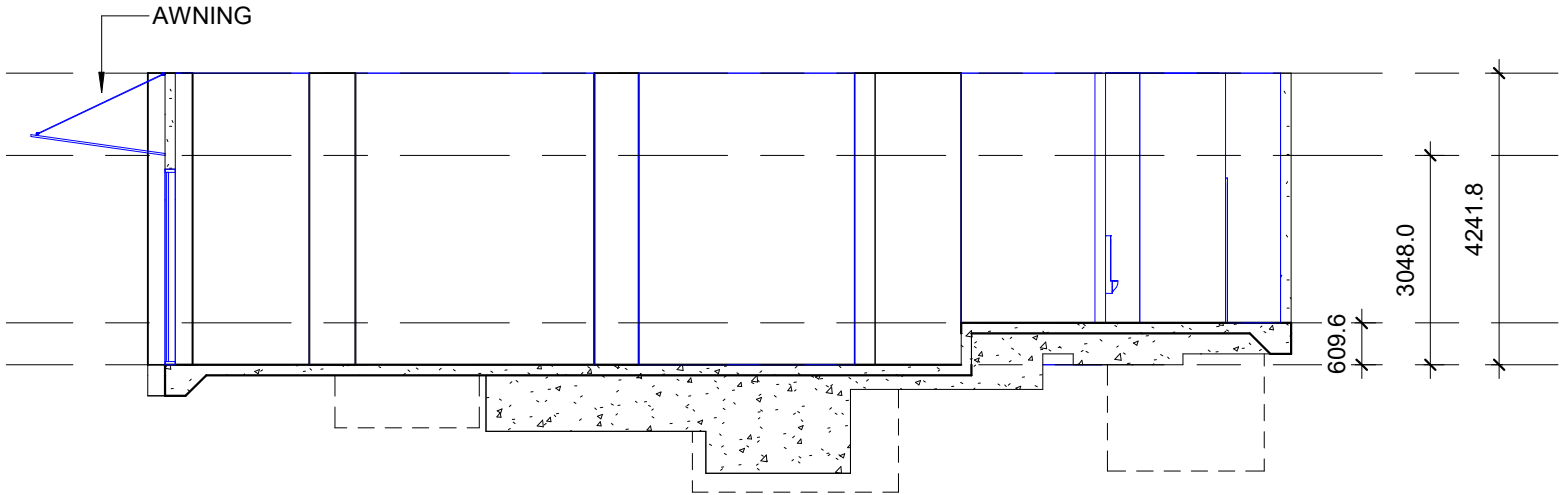
GUIDELINES USED

GROSS LETTABLE AREA RETAIL

ALL PARTIES USING THE AREAS EXPRESSED HEREIN, SHOULD AGREE  
WITH THE BOUNDARY DEFINITIONS. THIS PLAN WAS PRODUCED FOR  
THE CALCULATION OF FLOOR AREAS ONLY



A-A Section A-A  
1 : 100



B-B Section B-B  
1 : 100

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SHEET NAME:

SECTION A & B

OWNER AND  
PROJECT LOCATION:

The Nasus Group  
Lot 172, Level 1, 22 CENTRAL AVENUE, MANLY, NSW

DATE:

23/08/2021

DRAWN BY:

Author

SHEET NUMBER:

A07

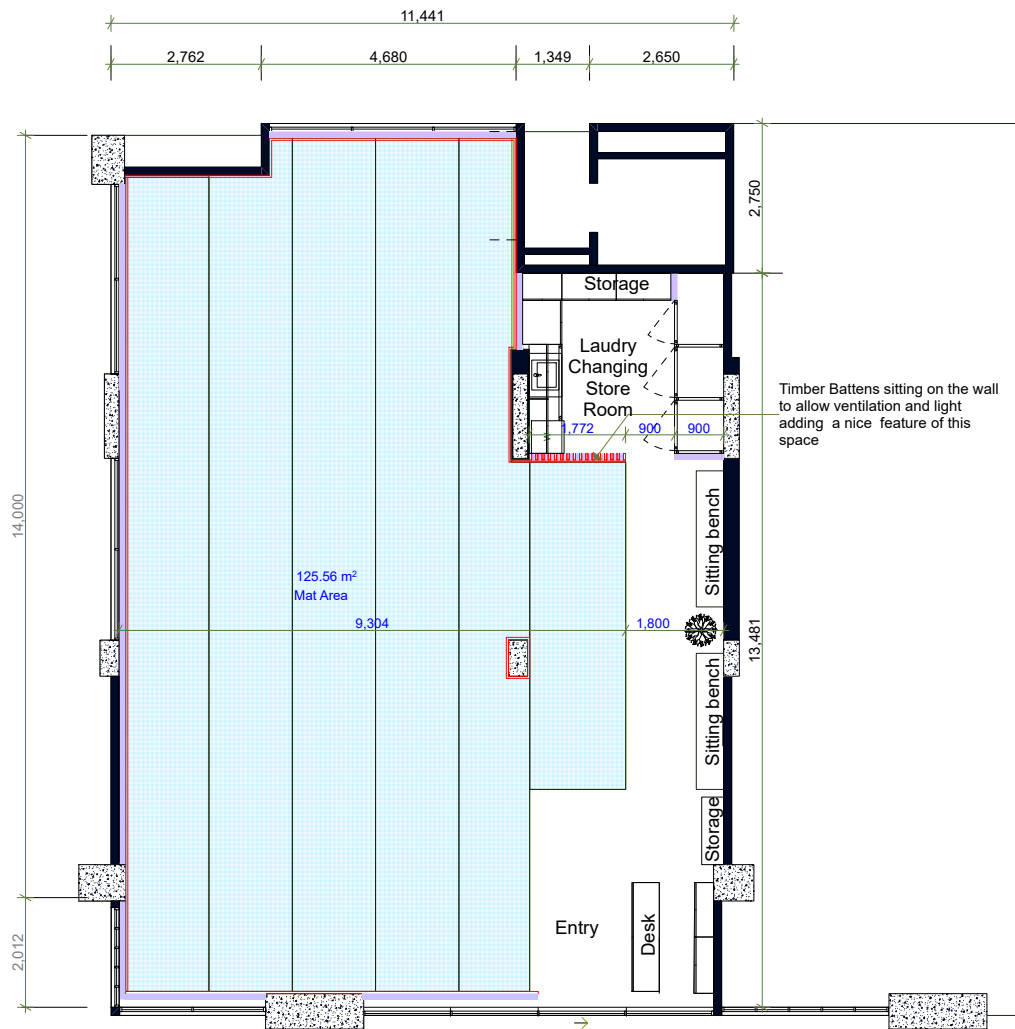
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urbaine

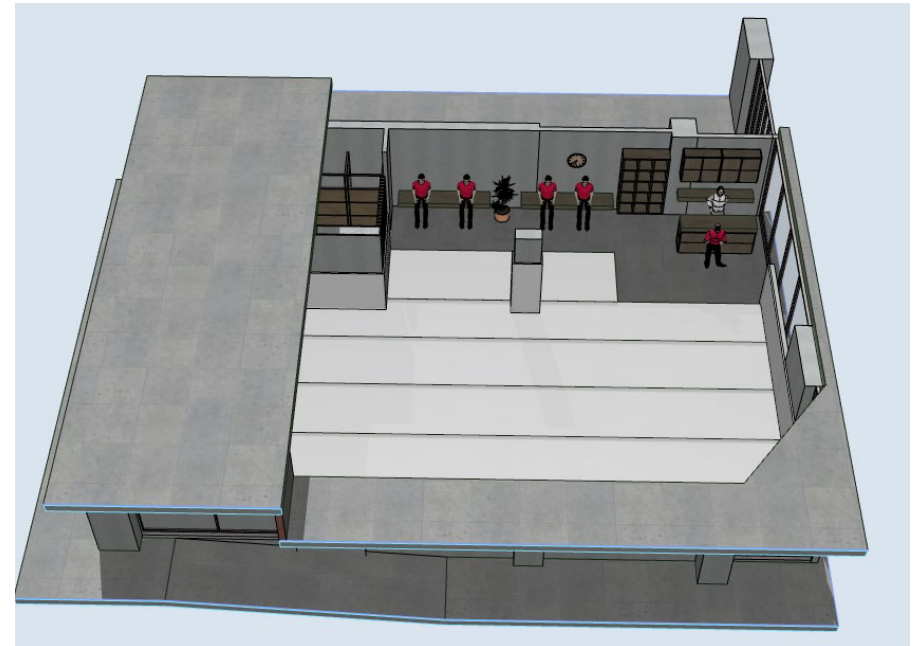
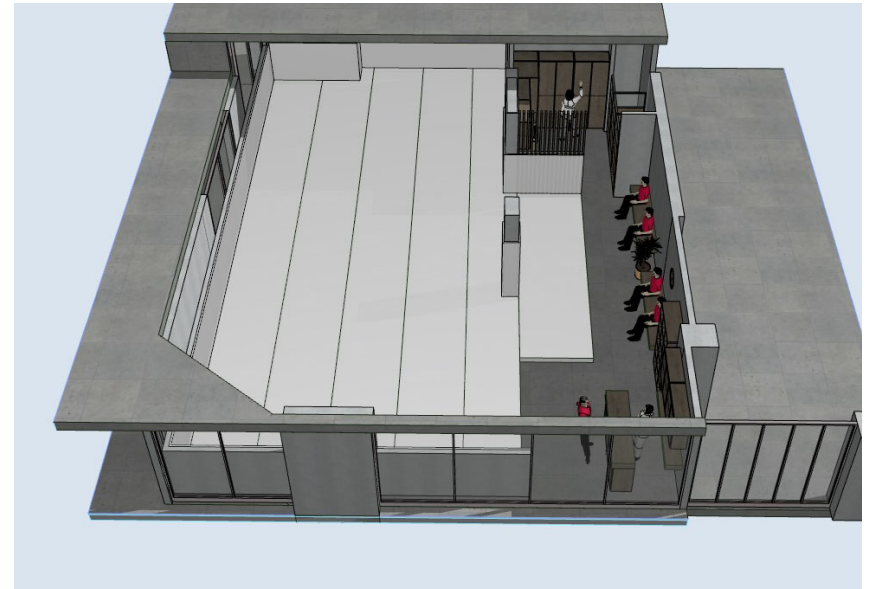
ARCHITECTURE

urbaine pty ltd , 6/15, The Corso, Manly, NSW 2095: Tel: 02 8355 6770



Tenancy 1 (Retail 1) - Jiu Jitsu

Floor Plan  
Scale 1:100  
Dated 26 March 2023

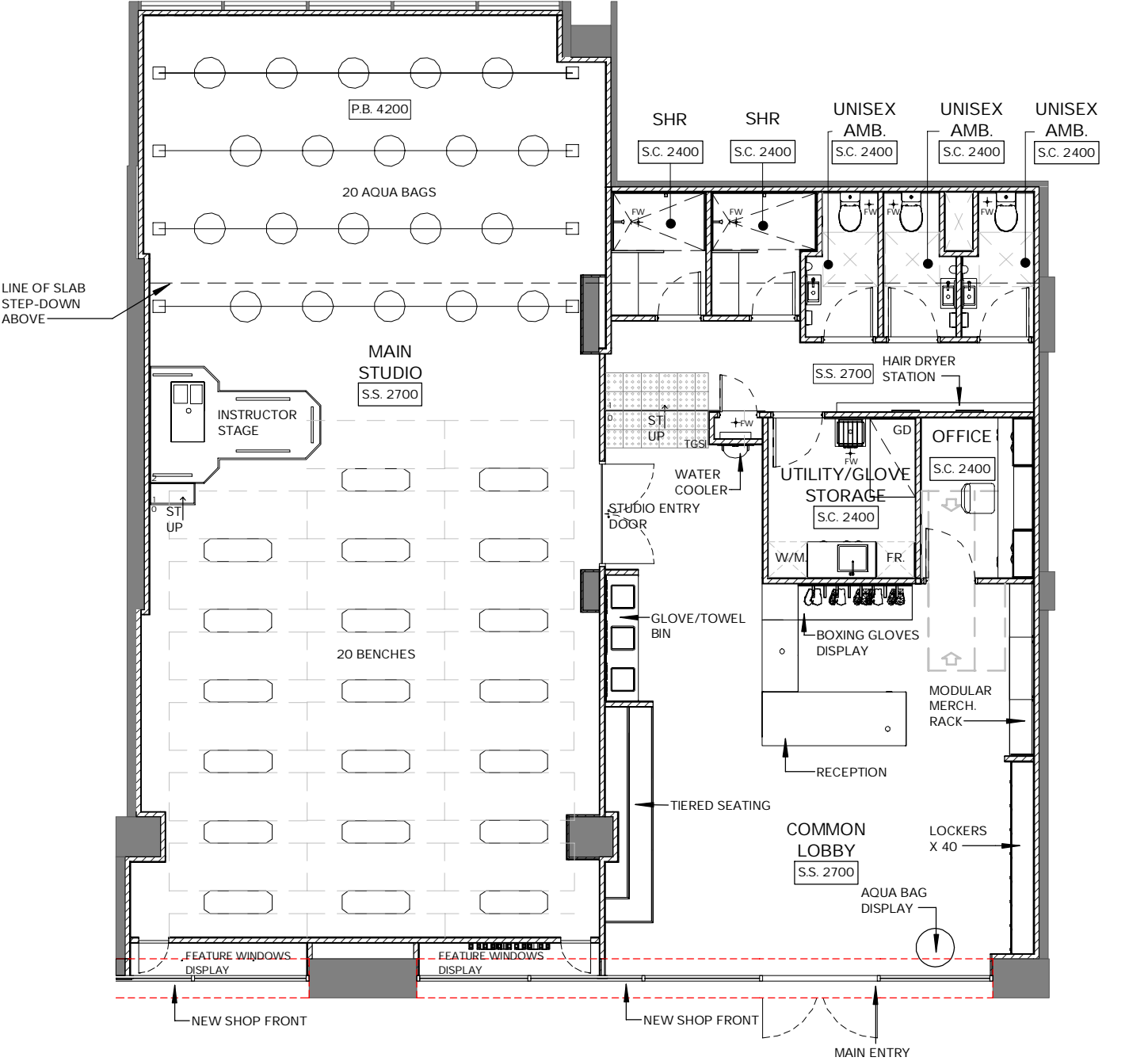


Tenancy 2 - Rumble Boxing

1 GENERAL ARRANGMENT FLOOR PLAN  
SCALE 1:100

M2654 RUMBLE STUDIO

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PROJECT ADDRESS  
Lot 172 Tenancy 2,  
Central Ave. Manly NSW

SCALE  
1:100  
REVISION  
A

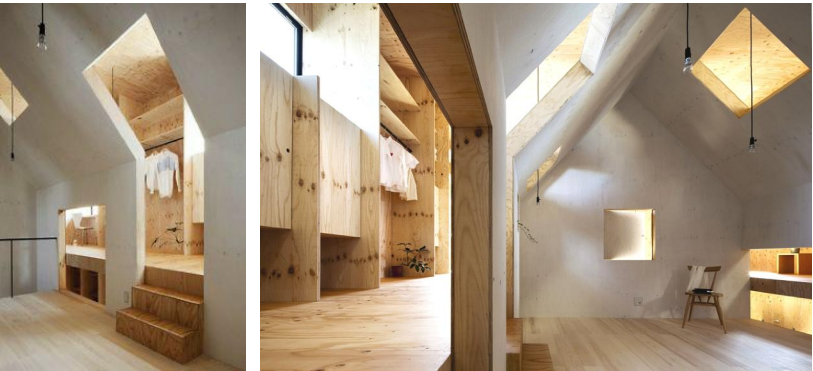
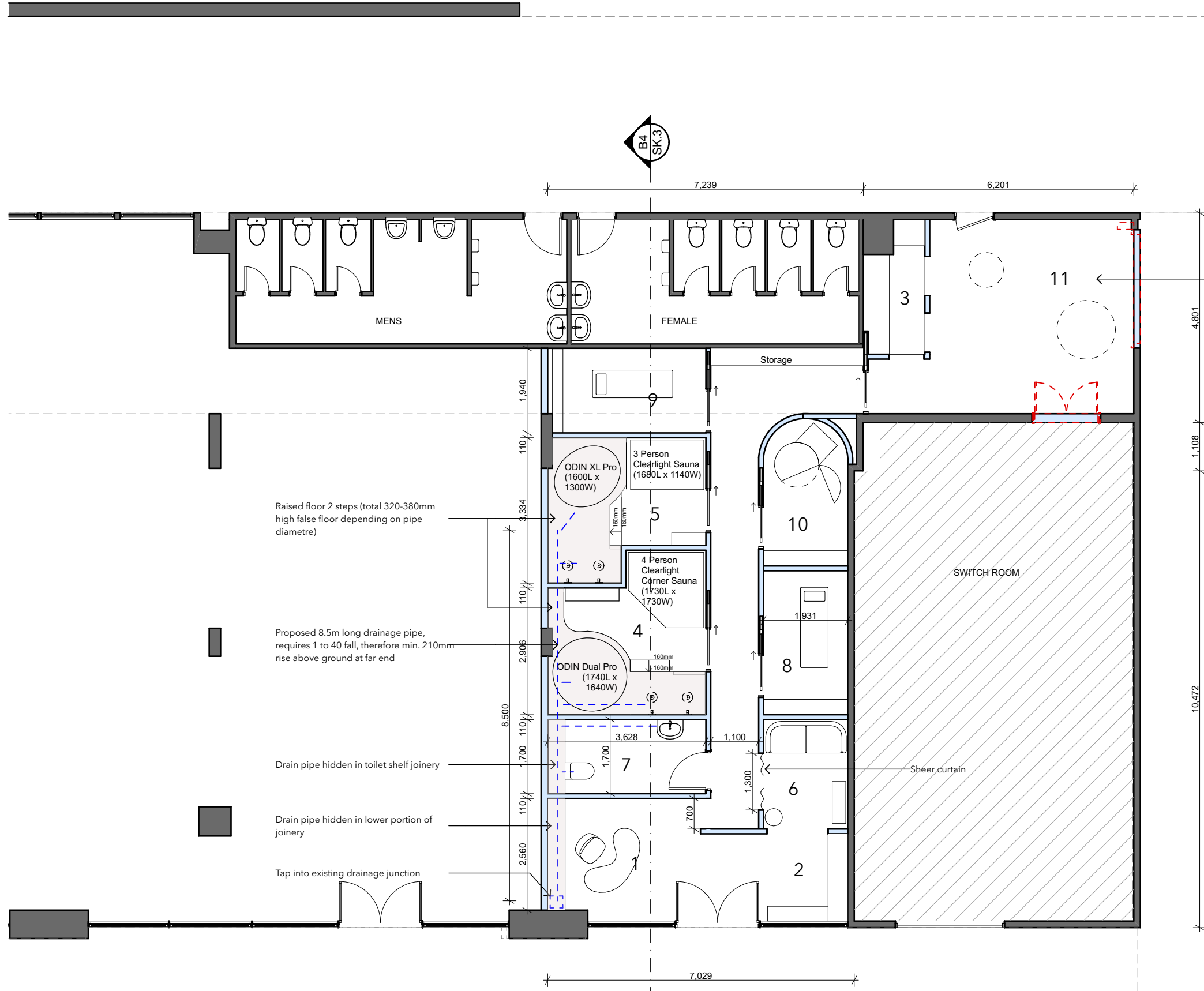
DRAWING #  
A100  
PAGE SIZE  
A3

ISSUED FOR CLIENT APPROVAL

15.12.22



lactn|147302056 labnl 42147302056  
lphl +61 08 9204 5090  
lel info@motive.studio  
lwl www.motive.studio  
loffice| 2a/22 King Edward Rd, Osborne Park, WA 6017



— New  
- - - Existing

LEGEND

- 1 Reception
- 2 Product Display
- 3 Storage
- 4 Sauna Room 1 (2-4 people)
- 5 Sauna Room 2 (1-2 people)
- 6 Lounge
- 7 WC
- 8 Redlight Room 1
- 9 Redlight Room 2
- 10 Cryotherapy
- 11 Breakout room

Tenancy 3 - Health and Wellness

ARCHITECT  
**ARCHISOUL**  
ARCHITECTS  
UNIT 23/28-34 ROSEBERRY STREET  
BALGOWLAH NSW AUSTRALIA 2093  
Ph: 02 9976 5449  
www.archisoul.com.au

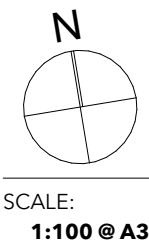
NOTES  
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ABN 92 159 526 066  
NOMINATED ARCHITECT: JO GILLIES  
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SCHEDULES & REQUIRED SHOP DRAWINGS. ALL WORK IN ACCORDANCE WITH RELEVANT  
AUSTRALIAN STANDARDS.

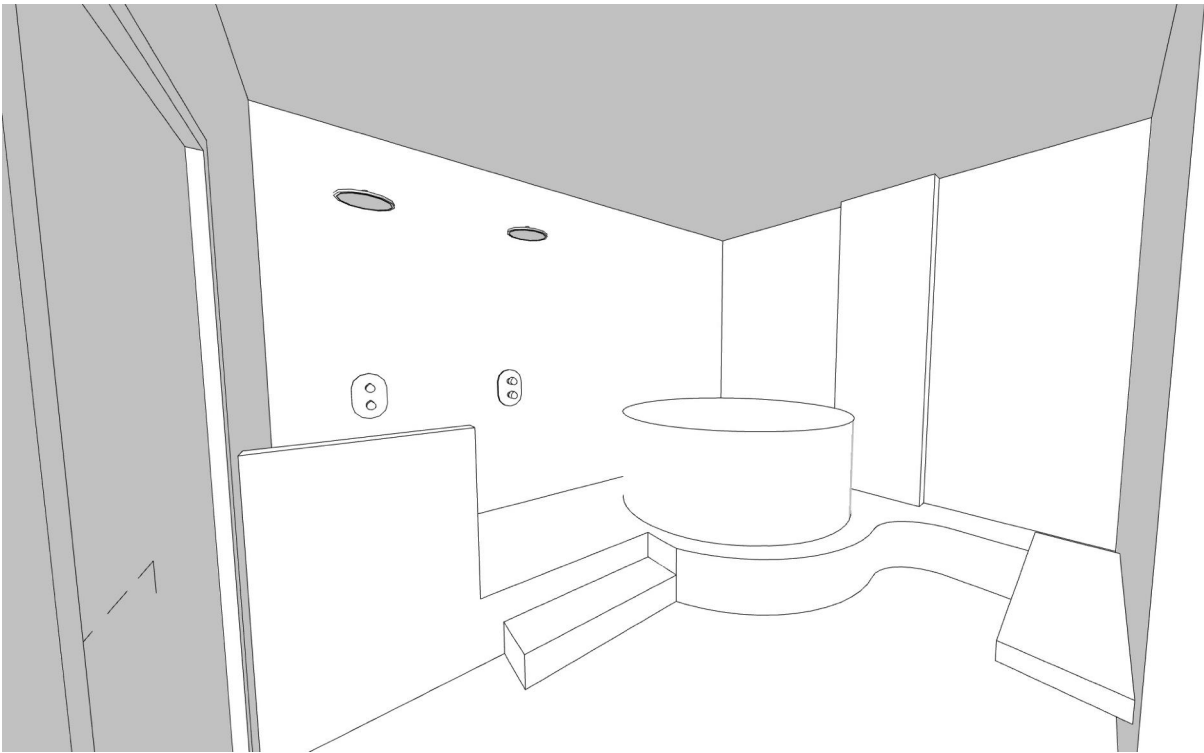
REV	DATE	DESCRIPTION
01	17/3/2023	STAGE 1A - Rev 1
02	17/3/2023	STAGE 1A - Rev 2

PROJECT DETAILS  
Drawn | Checked **MK - JG**  
Plot Date: **22/3/2023**  
Project Status **STAGE 1A**  
Client: **Michael Molloy & Steven Smith**  
Project: **2239**

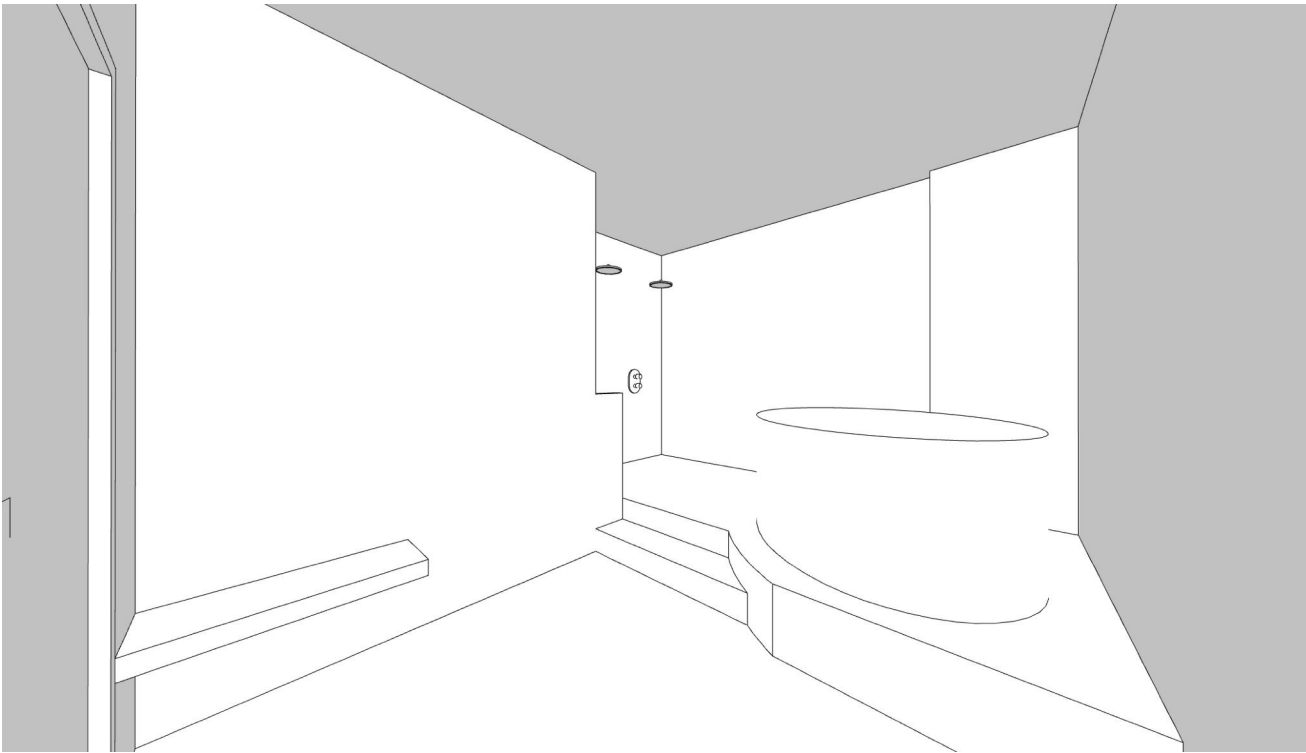
DRAWING TITLE :  
**Option 1 - Plan**  
PROJECT NAME :  
**Lot 3 Manly Post Office  
Fitout-Healing Care Centre**

REVISION NO.  
**02**  
DRAWING NO.  
**SK.1**

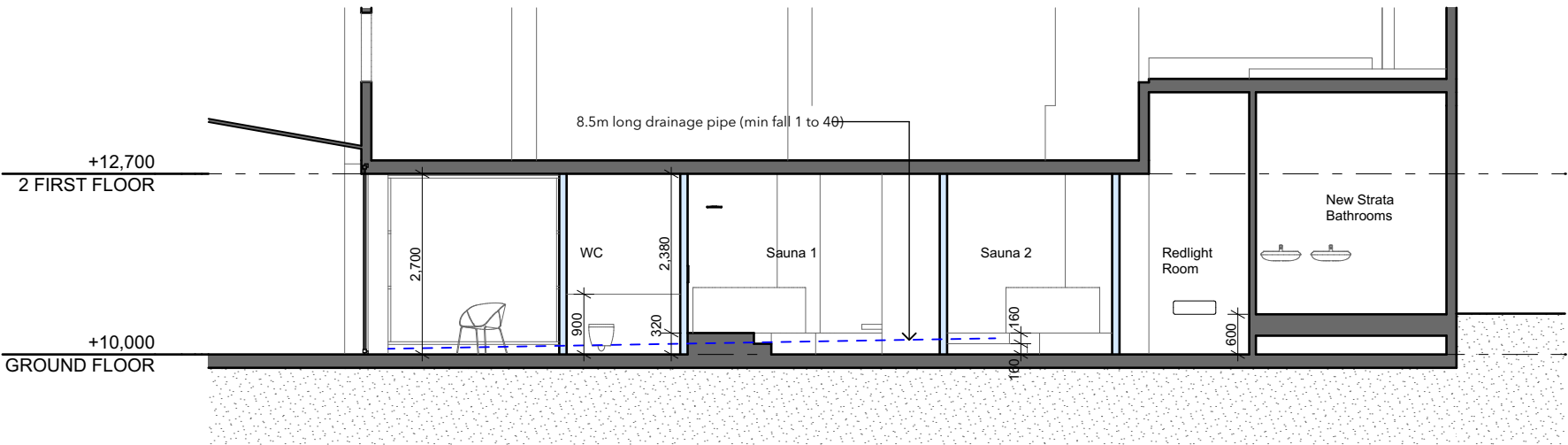




1 PERSP - Sauna Room 1



2 PERSP - Sauna Room 2



3 OPT 1 SECTION

Tenancy 3 - Health and Wellness

ARCHITECT

**ARCHISOUL**

ARCHITECTS

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REV	DATE	DESCRIPTION
01	17/3/2023	STAGE 1A - Rev 2

PROJECT DETAILS

Drawn | Checked **MK - JG**  
Plot Date: **22/3/2023**  
Project Status **STAGE 1A**

Client: **Michael Molloy & Steven Smith**

Project: **2239**

DRAWING TITLE :

**Option 1 - Perspectives & Section**

PROJECT NAME :

**Lot 3 Manly Post Office  
Fitout-Healing Care Centre**

REVISION NO.

**01**

DRAWING NO.

**SK.3**

SCALE:

**1:429.98,  
1:100 @ A3**