



## **Plan of Management**

### **Personal Training Studio**

#### **The Booty Parlour**

Units 7 and 8, 343 Barrenjoey Road, Newport

#### **1. Background**

The operator of the premises, The Booty Parlour, is a well-established and experienced personal trainer specialising in women's fitness. The Booty Parlour has an existing premises in Cromer and was previously operational within a premises in Balgowlah. Due to unforeseen building issues the premises was left unusable and a new site was required. The Booty Parlour has an existing client base on the Northern Beaches and specialises in offering personal training and small group strength training (maximum of six patrons) for women.

The Booty Parlour will offer a safe space for women to learn about and enhance their strength in a supportive environment. The premises will primarily operate as a one-on-one personal training studio and, therefore, does not require a large floor space for operation.

#### **2. Location**

Units 7 and 8, 343 Barrenjoey Rad, Newport NSW 2106

#### **3. Purpose of the Plan of Management**

The purpose of this Plan of Management is to establish performance criteria for the operation of the personal training studio known as The Booty Parlour, located in Units 7 and 8, 343 Barrenjoey Road, Newport. This Plan of Management has been designed to enhance the patron's experience while ensuring there are no adverse impacts on neighbouring businesses or surrounding residents.

#### **4. Hours of Operation**

The hours of operation of The Booty Parlour will be as follows:

Monday – Sunday      6.00am – 8.00pm

Peak operational times are between 6.00am and 7.30am, and after school drop off (after 9.00am).

#### **5. Staff and Patron Capacity**

Patrons: 6 (maximum at any one time).

Staff: 3 (maximum at any one time).

#### **6. Amenity of Neighbourhood**

The premises is located in a one-storey, multi-unit building with 26 car parking spaces at the rear. The site is readily accessible by public transport or foot traffic and is located adjacent to a range of commercial facilities. The development shares a common wall with one other tenancy (vacant) and the studio is not anticipated to cause any adverse impacts to the amenity of the neighbourhood.



The Booty Parlour will mitigate any potential amenity impacts in the following ways:

- Appropriate gym flooring will be installed to eliminate any potential acoustic impacts from the dropping of weights.
- The premises will install only one speaker for music. As the premises will primarily be used for one-on-one personal training there will be no need for the music to be played at an excessive level. The door to the premises will remain closed at all times.
- Staff will ensure the premises, including the entry area, remains clean and tidy during the operation of the premises.
- The premises will operate via appointment only and there will be a maximum of six people entering or exiting the premises at any one time.
- Outside primary business hours, patrons will be instructed to enter and exit the premises in a quiet and orderly manner.

## 7. Complaint Resolution

The Booty Parlour aims to establish a positive relationship with the surrounding businesses in the area and attempts to resolve all issues in a respectful and positive manner with the respective parties. The Booty Parlour utilises an online feedback feature on its website to handle any complaints. The premises will not employ a large number of staff and hence all complaints will be able to be handled efficiently.

## 8. Incident Register

The Booty Parlour has an existing hazard/incident report that is kept onsite at all times. This form is completed by all involved and includes information such as date, name of those involved, location and details of the incident.

The Booty Parlour reviews all incidents on a quarterly basis and will identify any recurring issues and implement any required preventive strategies.

## 9. Transport and Parking

**Parking:** The site has 26 existing car parking spaces with vehicular access via Foamcrest Avenue. Surrounding the site on Foamcrest Avenue and Barrenjoey Road is ample on-street parking available for the 1-2 hours patrons train at the studio.

**Public Transport:** At the Barrenjoey Road entrance to the site is a bus stop facilitated by a number of Northern Beaches bus services, available for use by patrons of the personal training facility.

**Active Transport:** The premises is located in reasonably close proximity to residential precincts and, therefore, patrons have the option to walk or utilise a bicycle to access the premises. Bicycles can be stored inside the facility during sessions.

## 10. Waste Disposal

The premises, being a personal training studio, will create a minimal level of waste. Paper and general cleaning waste will be the primary waste produced by the premises. Bins will be located throughout the training area and each bathroom, with a recycle bin located within the premises.

Due to the limited number of people utilising the premises, the owner of the premises will empty all bins within the premises daily and dispose of them personally. As the premises becomes more popular within the area, a URM will be organised to dispose of waste, fortnightly.



### **11. Maintenance**

The premises will be professionally cleaned weekly by 'No Time for Grime'. The premises will be vacuumed, and surfaces wiped down daily by studio staff.

Hygiene wipes, spray and paper towels are available for use by patrons to wipe down their equipment after use. The use of workout towels by patrons will be encouraged.

### **12. Fire Safety**

All fire safety equipment is checked annually by a representative from building management. All staff members will be educated on the location of fire extinguishers and evacuation procedures.

### **13. Amendments to this Plan**

If in any circumstances where it is reasonable or desirable to modify any provision of this plan for the better management of the premises, such modification shall be made to the plan and a copy provided to Northern Beaches Council.

This document has been prepared by Tomasy Planning on behalf of The Booty Parlour.

This plan of management is approved by:

Name:

Position:

Signature:

Date: