



FLOORPLAN DESIGN

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Disclaimer: This floorplan is provided for general visual reference only. Any dimensions used to create these drawings should be verified by the owners of the facility, contractors and/or their agents. These drawings are not designed to build from and shall not be used as building documents by any parties. Life fitness makes no representation or warranty that the floorplan complies with any applicable law, codes, rule or regulation or any industry or safety standard or requirement, including astm or european standard spacing recommendations for access, passage around, or emergency dismount. Compliance with industry standards, applicable law, codes, rule or regulation regarding placement of and clearance of equipment and associated items is by owner and life fitness disclaims all responsibility with respect thereto. Additional notes: Floor plan dimensions are based on information provided by facility owner or its representatives and should be verified in the field.



Anytime Fitness

Freshwater

Aaron Oman

0401 054 250

aoman@lifefitness.com.au

Date: 16.01.2025

Version: v1

Scale: 1:100

Equipment List

Cardio

1. Treadmill
2. Powermill
3. Crosstrainer
4. Upright Bike
5. Recumbent Bike
6. ICG Indoor Cycle
7. HD Air Bike
8. Ski Erg
9. Rower

Cable Motion

10. Dual Adj Pulley
11. 12-Stack Multi-Jungle

Pin Loaded Equipment

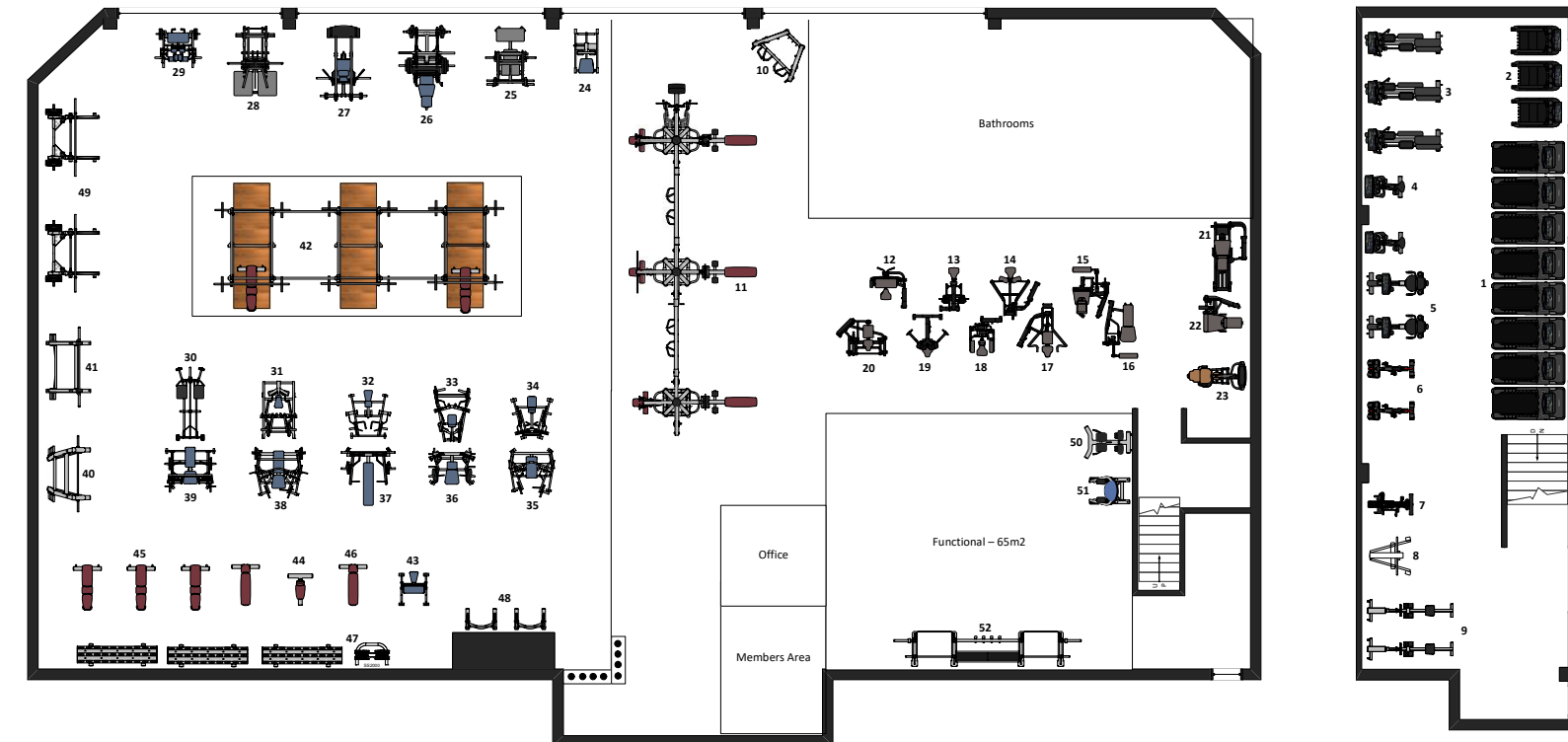
12. Bicep Curl
13. Seated Row
14. Fixed Pulldown
15. Seated Leg Curl
16. Leg Curl
17. Shoulder Press
18. Lateral Raise
19. Pec Fly / Rear Delt
20. Chest Press
21. Seated Leg Press
22. Leg Extension
23. Hip Abductor / Adductor

Plate Loaded Equipment

24. Seated Calf Raise
25. Glute Drive
26. Linear Leg Press
27. Hack Squat
28. Belt Squat
29. Kneeling Leg Curl
30. T Bar Row
31. Iso Front Lat Pulldown
32. Iso Row
33. Iso High Row
34. Iso Low Row
35. Iso Bench Press
36. Iso Incline Press
37. Iso Horizontal Bench Press
38. Iso Decline Press
39. Iso Shoulder Press

Benches & Racks

40. Smith Machine
41. Vertical Smith Machine
42. 6x24 Rig w/ Platform
43. Seated Arm Curl
44. Utility Bench
45. Multi Adj Bench
46. Flat Bench
47. Dumbbell Racks
48. Barbell Racks
49. Half Rack
50. Back Extension Bench
51. Leg Raise
52. Perimeter Storage Rack



DISCLAIMER:
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ADDITIONAL NOTES:
FLOOR PLAN DIMENSIONS ARE BASED ON INFORMATION PROVIDED BY FACILITY OWNER OR ITS REPRESENTATIVES AND SHOULD BE VERIFIED IN THE FIELD.



CONTACT



VIC/TAS/SA

50 Dunlop Road Mulgrave
VIC 3170

TELEPHONE 1800 689 622

SHOWROOM HOURS

MONDAY - THURSDAY: 9AM to 5PM
FRIDAY: 9AM to 4PM
Please Call to Arrange Appointment

NSW/ACT

Unit 5/358 Eastern Valley Way Chatswood
NSW 2067

TELEPHONE 1800 689 622

SHOWROOM HOURS

MONDAY - THURSDAY: 9AM to 5PM
FRIDAY: 9AM to 4PM
Please Call to Arrange Appointment

QLD/NT

228 Robinson Road East Geebung
QLD 4034

TELEPHONE 1800 689 622

SHOWROOM HOURS

MONDAY - THURSDAY: 9AM to 5PM
FRIDAY: 9AM to 4PM
Please Call to Arrange Appointment

WA - GYMCARE

21 McDonald Cres Bassendean
WA 6054

TELEPHONE (08) 9379 1888

SHOWROOM HOURS

MONDAY - FRIDAY: 8AM to 4PM
Please Call to Arrange Appointment

