Sent: 7/03/2019 6:45:38 AM **Subject:** Online Submission

07/03/2019

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RE: DA2019/0123 - 80 - 82 Mona Vale Road MONA VALE NSW 2103

Buying local has benefits beyond mere convenience. When you support local business owners, you get a better level of service, as well as helping make your community a better place to live. This is in addition to the health benefits and access to unique products that you usually can't find with chain locations

There are many benefits to buying locally grown food, and each person makes their choice for different reasons. Locally grown food creates important economic opportunities, provides health benefits and helps to reduce environmental impact. ... Additionally, many people feel local food tastes better and lasts longer

Why is buying local so important? Eating local means more money stays within your community. Every dollar spent generates twice as much income for the local economy. Local produce is fresher and tastes better because it is usually sold within 24 hours of being picked Most important support our Aussie farmers they doing very tough over recent years