

PARKING MANAGEMENT PLAN
MOD BOD GYM
UNIT 3, 4 & 5 /21 ORLANDO ROAD, CROMER

Operating hours

Adult Strength classes:

- 6:30-7:30am - Adult strength Classes - Mon/Tues/Wed/Fri
- 7:30-8:30am - Adult strength class - Saturday only
- 8:45-9:45am - Adult Strength Classes - Mon/Wed/ Fri
- 5:30-6:30pm - Adult Strength Classes - Mon/Tues/ Wed

Note: Adult classes run all year round and don't break for any school holidays.

Pre-school gymnastics classes:

- 9:30-11:30am Monday to Friday
- 11:30-12:15pm Thursday only
- 8:00-10:30am Saturday

Note: Our pre-school classes are a term based program, and only run in line with the school term. They do not run during the school holidays. It's also important to note, that this program is not a casual or drop in activity. All kids must be enrolled for the full term, and classes are capped at 8 kids and only a maximum of 2 classes to help with parking.

3. School Aged Kids gymnastics/gym classes:

- 3:45-6:30pm Monday to Friday
- 3:45pm-7pm Thursday
- 8:15-1pm Saturday

Note: our kids school aged programs are term based only. Kids must be enrolled for the full term, and we don't allow casuals or drop ins (other than kids trialing in the first few weeks of term).

Overall, we do not run any classes or have any activities going on between 11:30 and 3:45pm weekdays (with the exception of Thursday which is 12:15-3:45pm). The gym is closed and no parking is being used.

Parking Information

1. Adult Strength classes:

- All parking is on the street for any weekday afternoon class, Saturday morning or week day 8:45am class.
- We do have 6 parkings that we allow to be used in the complex for our 6:30am weekday classes only. Otherwise parking is strictly on the road which has plenty of spots

2. Pre-school classes:

- Through agreement of the owner and other tenants, we are allowed to park our customers in our 6 designated parking spots (we do rent another parking spot from our neighbor in the complex). All other parking must be on the street.
- We have a dedicated parking officer that assists with parking, child safety, drop off (in case parks are full and the parent needs to find a park on the road). Our parking officer will also make sure parents don't park in the wrong spot and upset any traffic flow of the complex. Emails are sent out regularly to remind parents about our parking rules.
- Since construction of the Cromer Business Park, street parking along Inman Road has improved. However, we would still like the support of council to introduce hour parking along Orlando Road to help improve parking for customers and stop cars and other vehicles being dumped.
- Saturday classes - all parking is on the road. No customers are allowed to come into the complex with their vehicle. The only cars allowed into the complex are those of staff. This improves safety, and completely mitigates any possibility of a customer parking in the incorrect area. Again, a traffic officer (one of our staff members) helps keep an eye on things. Emails are sent to remind parents, and a fence is put in the middle of the driveway to stop any vehicles going through. Our traffic officer will move it for staff and our other tenants in the building.
- On weekdays, we only run 2 classes back to back, with a 15 minute gap between, to provide enough time for parents to vacate the gym, free up their car spot and allow the next set of parents to come in. Emails are sent out regularly to remind parents to not come early or park on the street. They are not allowed to wait for a park in the complex.

3. School Aged Kids gymnastics/gym classes:

- We do not provide any customer parking in the complex during any of our weekday afternoon & Saturday programs. All customer parking is limited to the road only, and nowhere in the complex.
- We use our designated parking space for staff only. Having a blanket rule for all customers from both gyms (Modbod & Jiu Jitsu) makes the complex alot safer, significantly reduces ay traffic flow, and allows other businesses to operate without disruption

- **Drop off Options for Parents:**
 - **Option 1** - Park on the street and walk up
 - **Option 2** - drive into the complex and turn straight into the turning bay (which is right at the beginning of the complex, and in front of our Unit 3 warehouse), and then drop their child off, before reversing back out and heading back to the street to either park or come back to pick up at the end of their child's class. Plenty of room to drop off, and not disrupt any other business.
 - Our dedicated traffic controller will help get the kids out of the car, and take them to their class. They will also make sure cars do not park, and continue to move so traffic flow is smooth.
- **Pick Up Options for Parents:**
 - All parents must park on the street, and walk up to collect their child.

How we manage our Afternoon Classes:

1. All our classes start at 15 minute increments to help spread out the start and finish times of each class, which helps smooth out the drop off and pick up process, as well as help car turnover on the street. Our classes only run for 45-60 minutes, and a few of our 5:30pm classes run for 90 minutes for our older kids, so parents always drop off and come back to pick up at completion.
2. We have classes starting at 3:45pm, 4pm, 4:30pm, 4:45pm, 5pm & 5:30pm. The staggered start times of classes really help us manage traffic flow and class change overs.
3. For any car that does drive up into the complex to use the turning bay, will be greeted by our dedicated traffic controller (helps get the child into the fenced areas of our gym, and keeps the traffic moving - no parking allowed).
4. We have 3 warehouses, so multiple classes will be running at any one time (spread out across all 3 warehouses).
5. We have put pool fencing across all roller door entries and built internal parent viewing and waiting areas for kids and parents. We have a dedicated 52 sqm parent viewing area in one of our mezzanine areas.