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08/07/2024

MR Diana Aitken
19 Richmond AVE
St Ives NSW 2075
[REDACTED]

RE: DA2024/0675 - 80 - 82 Mona Vale Road MONA VALE NSW 2103

Dear Anne-Marie

As you will be aware, the sport of Pickleball has become increasingly popular here on the Northern Beaches and I can vouch for how addictive the game can be! I have been known to play at least 5 times a week. The benefits of the game are many. I have spoken to players who are dealing with significant family challenges, work stress and grief and the game has been their saving grace. And then there is the benefit to people's health. The game attracts people of all ages, especially those who have found other sports more physically demanding. There is plenty of movement in this game, but the smaller court surface means that the running required is less. The social aspect of this game is immense and giving people opportunities to connect with others is so important for mental health. The more courts we can access to provide sessions for people to play would be such an enormous benefit for the Northern Beaches community.

Thank you
Diana