## Sent: 27/11/2019 11:47:27 AMSubject: Mod2019/0547 - support for opening the Mona Vale Market an hour earlier

To Council Approvers:

I strongly support opening the Mona Vale Market an hour earlier.

You see with daylight saving, it is very warm in the mornings and the sun has well and truly been up around 5am.

It is actually healthier for us to get up early for the morning sun, medically proven that the morning rising sun has more Vitamin D.

It's also healthier for us to get the food from the market into our fridges ASAP after they have been picked to maintain nutrients.

Plus... I suck at cooking and want to come to the market to eat an affordable, but healthy breakfast to be part of a community.

Market breakfasts are typically cheaper than café's, so it's within my budget and I don't stay isolated in my home.

Regards, Becci

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From: stephen@organicfoodmarkets.com.au <stephen@organicfoodmarkets.com.au>
Sent: Sunday, 24 November 2019 9:49 PM
To: Becci Watson <becci@telewebica.com.au>
Subject: Mona Vale Market - Help us achieve an earlier opening time.

## YOU ASKED! WE LISTENED!

DA Variation for Mona Vale Market... Mod2019/0547

We have applied to Council to open Mona Vale Market ONE HOUR EARLIER to enable longer trading hours for the traders and their customers... you!

Earlier site access would be from 6am for traders to set up, and they could then start serving customers at 7:30 am.

The existing very short trading day is proving unfair to traders, denying them income, and the

customers who want to shop early leaving the rest of the day free.

This will also help take the pressure off parking.

Submissions are open only until 10 December.

Please help us to achieve this by making a submission to council@nothernbeaches.nsw.gov.au

Put in the Subject Line: Mod2019/0547

Feel free to use your own words but please state that you strongly support opening the Mona Vale Market an hour earlier.

Thank you for your help and please share this with your friends and do make your submission today... as we all know, time flies!

Thanks

Stephen, Organic Food Markets

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